

Katie 's Food Carnival

TELEVISION SHOW & FABULOUS FOODS

Menu Selections™

Themed stations and other buffet menu items not listed

Passed Hors D'Oeuvres

offered on artisan glass platters

Cold

Irish Smoked Salmon Tartare, brown butter crème fraiche, pickled onion, toasted brioche

Hamachi Crudo, yuzu lemon, shiso leaf, ponzu gel, black lime

Big Eye Tuna Poke, avocado, soy, chili crème, volcanic salt

Artisan Deviled Egg, black caviar, dried cayenne

Duck Mousse Pate, mission fig, juniper berries

Asparagus and Goat Cheese Terrine, ciabatta croustade

Serrano Ham Wrapped Figs, mascarpone, pine nuts

Belgian Endive Petal, blue cheese and walnuts or curry chicken

Crostini, smoked feta olive, pecorino green pea, caprese, vegan eggless

Glazed Black Forest Ham, tangerine glaze, jalapeno muffin

Grilled Zucchini Napoleon, cream feta, charred red pepper

Fresh Fig and Goat Cheese Croustade, bourbon apple puree

Two-Bite Maine Lobster and Shrimp Roll, horseradish root, lemon mayonnaise, celery stalks and leaves, *available at market value*

Carpaccio-Wrapped Lemon-Poached Asparagus, parmesan dust, Celtic Sea salt

Housemade Smoked Trout Salad, black bread round, spicy lemon dill cream

katie@ktofoodcarnival.com 630-903-9944
www.ktofoodcarnival.com

Katie 's Food Carnival

TELEVISION SHOW & FABULOUS FOODS

Warm

Duck and Foie Gras Gyoza, ruby port soy glaze

Braised Duck Spring Roll, painted cabbage, honey-rice wine

Five Spice Pulled Pork Spring Roll, honey rice wine reduction

Truffle Grilled Cheese, fontina cheese, chive fronds

Korean Lao Panini, grilled chicken, carrot thread, watercress, lao chili sauce

Arancini, spicy sausage, asiago cheese, smoky tomato caponata

Mango Bison Slider, radish, mint, scallion

Black Angus Slider, double cheese, grilled onion, pickle

Charcoal Pork Shoulder, spoon bread, slaw pickle, grilled peach

Seared Foie Gras, spicy peach toast, black currants

Thai Coconut Shrimp, spicy ginger coconut dipping sauce

First Courses

Soups

Parsnip and Apple Bisque, shredded yam, nutmeg

Fried Green Tomato Soup, spicy remoulade, cornmeal crumble

Butternut Squash Soup, pumpkin spice creme, ginger crumble

Roasted Broccoli Soup, creamy pecorino sour-dough "dipper"

White Bean and Garlic Soup, rosemary infused FCP olive oil

Katie 's Food Carnival

TELEVISION SHOW & FABULOUS FOODS

Salads

Warm Spinach, grilled onion, feta and sun-dried tomato dressing

Butter Lettuce and Scented Herbs, roasted corn, goat cheese, roasted tomato "ice"

Salade de Provence, anjou pear, candied pecans, crumbled blue, dried cherries, herbs, tart cherry vinaigrette

Classic Caesar Salad, crisp romaine, shaved parmesan, grilled crouton, tomato

Iceberg Wedge, blue cheese dressing, crumbled blue, scallion, tomato dice, lardons

Field Greens, hearts of palm, grape tomatoes, carrot threads, tomato-goat cheese emulsion, cucumber

Main Course

Poultry and Game Birds

Seared Hen Breast, black trumpet mushroom coulis, shallot oil

Chicken Piccata, fresh lemons, white wine, capers, mushrooms

Porcini Mushroom Risotto, asparagus, leeks, and Romano cheese

Chicken Saltimbocca, prosciutto, fresh sage, gruyere cheese, chardonnay reduction

Stuffed Breast of Chicken, spinach, feta cheese, red pepper, smoked cauliflower puree

Katie 's Food Carnival

TELEVISION SHOW & FABULOUS FOODS

Fish and Shellfish

Roasted Red River Salmon, orange, basil, marcona almonds

Sautéed North Sea Turbot, saffron, leeks, lemon basil, and yuzu lemon "ice"

Arctic Char, grapefruit butter, savoy and ruby red cabbage, pink Celtic salt

North Sea Pink Salmon, grapefruit butter, savoy and ruby red cabbage, pink Celtic salt

Pan Seared Salmon, fennel seed crust, pernot-shallot sauce, braised fennel

Beef, Veal, Lamb, and Game

Beef Tenderloin, cognac port sauce, shallot, rosemary

Black Angus Coulotte Steak, chasseur sauce, cremini mushrooms

Pork Tenderloin, golden apples, dates, cumin and cinnamon pan jus

Lacquered Short Ribs, manchego grits, shallot demi-glace

Five Pepper Filet Mignon, caramelized mushrooms, cabernet reduction, frizzled leeks

Parmesan Crusted Filet Mignon, garlic parmesan, leek cream sauce

Vegetarian

Grilled Vegetable Tower, goat cheese, spicy marinara sauce, basil gelee

Asparagus and Leek Strudel, phyllo, white asparagus puree, mustard oil

East – West Portobello Mushrooms, tofu, water chestnuts, spicy sweet and sour sauce

Eggplant Involtini, herbed ricotta, roasted tomato sauce

Wild Mushroom Risotto, morel, black mushroom, white truffle oil

Katie 's Food Carnival

TELEVISION SHOW & FABULOUS FOODS

Sides

Garlic mashed potatoes
Sundried tomato mashed
Tarragon roasted fingerling potatoes
Spicy potato wedge
Yukon gold, sweet potato napoleon
Bacon baked potato
Spinach stuffed potato
Herbed new red potatoes
Ramp, wild mushroom rice
Forest fruit and nut rice
Soft polenta asiago

Desserts

Summer Berries, elderflower liqueur, granite of cognac, cinnamon basil

Rose Petal Infused Parfait, cantaloupe sorbet, raspberries

Skelig Chocolate Terrine, black rum custard drizzle, pineapple sage, espresso bits

Galway Dark Chocolate Ganache, lingonberry puree, goat cheese cookie, iced "raspberries"

Caramelized Pear, anglaise, caramel, five spice ice cream, anise madeleine

Chocolate, Caramel, Coconut Layered Dream Bar, individual cake, chocolate drizzle, chocolate whip

Four Berry Tart, French pastry cream and skelig chocolate drizzle

French Cheese Cake, vanilla bean, raspberry puree, cocoa nibs

Pumpkin Bread Pudding, jack daniels whiskey sauce